



RingCentral

# The cost and accessibility of mental health care in the U.S.

Mental health care and accessibility in the U.S. have long been an issue. There has not been enough access, and it's been too costly for many Americans.

Here are just a few statistics that illustrate the cost and accessibility challenges facing mental health care today.

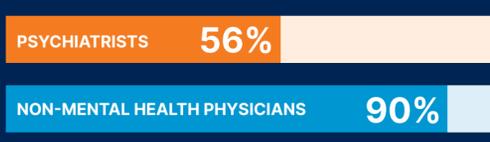


Over **112 million**

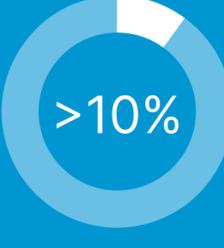
Americans live in areas where mental health providers are scarce

Just **56 percent** of psychiatrists accept commercial insurance compared to 90% of other, non-mental health physicians

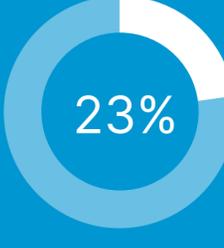
ACCEPT COMMERCIAL INSURANCE



Fifty-seven percent of adults with a mental illness received no treatment in 2020



Less than ten percent of patients who have a mental health disorder actually get effective treatment



Medicare only covers about 23 percent of psychiatrists in the U.S.



Over **26 million** individuals experiencing a mental health illness are going untreated

**59%** of youth with major depression do not receive any mental health treatment

Almost one-quarter of adults with mental illness reported an unmet need for treatment



**23 million** Americans are currently addicted to alcohol and /or other drugs, but only one in 10 of them (2.6 million) receives the treatment they need.

**42%** of people cite cost and poor insurance coverage as key barriers to accessing mental health care



Make mental health accessible with RingCentral's healthcare communications tools

Telehealth services make mental health care accessible and cost-effective for many health plan members. RingCentral's healthcare communications tools make mental health telehealth services more affordable for payers without sacrificing the member experience. To learn more, [request a demo](#).

### Put member engagement first

Deliver better patient and member experiences via your telehealth program and bring down costs with modern and secure cloud communications.

RingCentral is where communication meets innovation. We provide a robust, secure, and global cloud communications platform with messaging, video, and phone. We help healthcare organizations everyday improve collaboration and productivity and ultimately drive better patient outcomes.

Visit us at [ringcentral.com/payers](https://ringcentral.com/payers) or call **833-907-3437**.



RingCentral, Inc. (NYSE: RNO) is a leading provider of unified communications (message, video, phone), customer engagement, and contact center solutions for businesses worldwide. More flexible and cost-effective than legacy on-premises PBX and video conferencing systems that it replaces, RingCentral empowers modern mobile and distributed workforces to communicate, collaborate, and connect via any mode, any device, and any location. RingCentral's open platform integrates with leading third-party business applications and enables customers to easily customize business workflows. RingCentral is headquartered in Belmont, California, and has offices around the world.

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